

## The Community of St Cuthbert

### Our Rhythm of Life – 2022

We are part of God's world-wide people, gathered in and around Durham for this time in our journey of faith.

We seek to live our lives in step with the rhythms of God's grace – following Jesus – and enabled by the power of the Holy Spirit.

Unable to do this on our own, we join a *Spiritual Growth Group*, where:

1. Our lives are rooted in rhythms of *prayer* and *Bible study*.
2. Our lives are shaped by rhythms of the church's *worship*, and the practice of *hospitality*.
3. Our lives are turned towards rhythms of *service*, embodying God's life-giving *justice* for all, especially those easily over-looked in today's world.

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We do not always agree, but we welcome all who join us in this adventure of faith, and we rejoice in learning from one another.

We know we often fall short in living out our rhythm of life, and so we seek to encourage one another in following this path.

We live in the hope of life together with all God's people in the kingdom to come, and so for now we bless those who leave our community, and if we leave we bless those who remain.